SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Nursing Practice II

CODE NO.: PNG126 SEMESTER: 2

PROGRAM: Practical Nursing

AUTHOR: Northern Partners in Practical Nursing Education /

Donna Alexander, Gwen DiAngelo

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APPROVED: "Fran Rose"

CHAIR, HEALTH PROGRAMS DATE

TOTAL CREDITS: 12

PREREQUISITE(S): PNG111, PNG112, PNG113, PNG114, PNG115, PNG116

HOURS/WEEK: 12

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For additional information, please contact the Chair, Health Programs,
School of Health and Community Services

(705) 759-2554, Ext.2689

I. **COURSE DESCRIPTION:**

This course further explores the concept of health promotion and health protection with well clients*. The learner will gain basic assessment and nursing skills required to care for the client* in selected age groups. The course is also designed to assist the learner to acquire knowledge and master mathematical skills required to safely calculate drug dosages.

The course will consist of three components: independent learning, laboratory practice and clinical experience within community agencies.

Throughout this course outline, the term client* will be used to include the well individual and/or family.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Practice in a professional manner in accordance with the College of Nurses of Ontario "Standards of Practice".

- a. Demonstrate accountability for own personal and professional growth.
- b. Differentiate between social and professional roles.
- c. Engage in reflective practice to promote further learning
- d. Accept constructive criticism appropriately to effectively promote change.
- e. Comply with the practice setting established standards and practice expectations by:
 - Displaying self-direction
 - Seeking out guidance appropriately
 - Demonstrating interest and enthusiasm in learning
 - Preparing for clinical experience according to guidelines
 - Dressing appropriately
 - Being punctual
 - Following guidelines for reporting absenteeism
 - Providing care within the student's role and current scope of practice
- f. Accept accountability for own decisions and actions.
- g. Demonstrate an awareness of self-care practices that promote personal health and wellness.
- h. Demonstrate accountability and responsibility in attending clinical placement according to college policy.
- i. Recognize the right of the client* to make own health choices.

CODE #

2. Display caring behaviours when interacting with well clients*.

Potential Elements of the Performance:

- a. Create an atmosphere of mutual trust, acceptance and respect.
- b. Demonstrate a supportive, client*-centred approach.
- c. Use a non-judgmental attitude, empathy and genuineness when interacting with clients*.
- d. Display sensitivity to beliefs, values and practices of various lifestyles and cultures.
- e. Support the achievement of client's* expected health outcomes.
- f. Use a humanistic attitude and holistic approach with clients*.
- g. Promote the self-care abilities of the client*.
- 3. Practice interpersonal skills which promote and maintain caring relationships with individuals, families, peers, faculty and agency personnel through collaboration and colleagueship.

Potential Elements of the Performance:

- a. Participate as a contributing member of the team in providing care for the client*.
- b. Follow through with verbal and non-verbal direction safely, responsibly and consistently.
- c. Report significant information accurately, confidently and respectfully to appropriate personnel.
- d. Adapt communication strategies to meet the needs of the client*.
- e. Support client* rights to privacy and confidentiality.
- f. Act in a professional manner when communicating with clients*, peers, faculty and agency personnel.
- 4. Utilize principles of teaching-learning to promote health and wellness of the client*.

- a. Assess the health status of the client* to determine learning needs.
- b. Develop a plan to promote health and wellness of the client*.
- c. Apply principles of teaching-learning to promote client* health and wellness.
- d. Implement a relevant and age appropriate teaching plan to promote the health and wellness of the client*.
- e. Evaluate the effectiveness of health teaching for the client*.

COURSE NAME CODE #

5. Apply the nursing process to provide organized safe, competent basic nursing care for the well client*.

Potential Elements of the Performance

Assessment

- a. Demonstrate the ability to conduct purposeful client* interviews.
- b. Gather data through history taking, interviewing, consultation, physical examination and review of available records.
- c. Demonstrate the ability to assess the client* accurately.
- d. Differentiate between relevant and non-relevant data to be reported and recorded.

Planning

- a. Identify client's* expected health outcomes (goals).
- b. Plan individualized care considering assessment, pre-clinical preparation, and current nursing strategies.
- c. Develop daily organizational plans to manage time and reflect nursing responsibilities.
- d. Apply nursing knowledge and critical thinking to set priorities in providing basic holistic nursing care.

Implementation

- a. Perform selected nursing interventions consistently in a safe competent client*-cantered manner.
- b. Identify principles of selected basic nursing skills.
- c. Implement plan of care within a reasonable timeframe.

Evaluation

- a. Evaluate the expected outcomes (goals) of the client*.
- b. Revise the plan of care if goals are unmet.
- Report and record significant information according to agency policy and CNO Standards.
- d. Demonstrate consistently the overriding principles of accountability, responsibility and safety.
- 6. Apply the theories of growth and development and the change process to promote client* health and wellness.

- a. Assess the health and wellness of the client*.
- b. Identify expected outcomes (goals) in collaboration with the client*.
- c. Plan nursing interventions in collaboration with the client*.
- d. Implement nursing interventions in collaboration with the client*.
- e. Evaluate the extent to which the desired outcomes (goals) have been met.
- f. Modify the plan of care based on the evaluation results.

7. Apply research findings to support nursing practice.

Potential Elements of the Performance:

- a. Use evidence-based information to assess client* health status.
- b. Provide a safe environment for the client* based on current and relevant research.
- 8. Explain general concepts related to pharmacology:

Potential Elements of the Performance:

- describe relevant policies and legislation related to drug administration in Canada.
- describe various forms of drug preparations.
- identify various routes and equipment for medication administration.
- differentiate between the concepts of pharmacodynamics and pharmacokinetics.
- 9. Describe the principles of medication administration:

Potential Elements of the Performance:

- describe the six rights of safe medication administration.
- relate the nursing process to administration of medications
- identify the meanings of standard abbreviations used in medication administration.
- identify the necessary information on a medication profile.
- analyze errors using practical examples of medication administration.
- Interpret the components of a medication order.
- 10. Explain the action and interaction of selected pharmaceutical preparations and the impact on nursing care:

Potential Elements of the Performance:

- explain safe practices in administering and monitoring medications following the Standards from the College of Nurses of Ontario.
- 11. Utilize basic mathematical skills to accurately calculate drug dosages:

- review basic math calculations.
- solve dosage calculation problems using a selected formula for oral and parenteral routes.
- calculate a safe pediatric dose based on weight.

III. TOPICS:

Practicum

Students will practice in a variety of practicum settings that include:

- 1. Long Term Care Facilities (Clinical)
- 2. Health Science Resource Centre (HSRC) (Lab)

Skills/concepts to be implemented in Long Term Care Facilities (Practicum/Clinical).

- Lab skills/concepts related to client care as learned and practiced in the HSRC.
- Weekly plans of care (worksheets) to plan and organize safe, competent care for clients in order to document observations during the clinical experience.
- 3. Assessments and Focused Nursing Care Plans as assigned.
- Weekly written assignments that are based on theoretical knowledge and developed according to clinical expectations.

Skills/concepts to be learned and practiced in the HSRC (Practicum/Lab) include:

- 1. Documentation
- 2. Wound Care
- 3. Vital Signs
- 4. Elimination
- 5. Specimen Collection
- 6. Blood Glucose Monitoring
- 7. Oxygenation
- 8. Surgical Asepsis
- 9. Dressings
- 10. Caring for Immobilized Clients
- 11. Obstetrical Care
- 12. Concepts of Pharmacology
- 13. Principles of Medication Administration
- 14. Drug Legislation
- 15. Mathematical Calculations

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

- College of Nurses of Ontario. (2001). Compendium of standards of practice for nurses in Ontario Toronto: College of Nurses of Ontario.
- Doenges, M.E., Moorhouse M.F. & Murr, A.C. (2008) *Nurse's pocket guide:*Diagnoses, prioritized interventions, and rationales (11th ed.) F.A. Davis (from semester 1)
- Leifer, G. (2008) *Maternity nursing: An introductory text* (10th ed.). Elsevier W.B. Saunders. (*from semester 1*)
- Kozier, B., Erb, G., Burke, K., Bouchal, D.S., & Hirst, S.P. (2004). *Fundamentals of nursing: The nature of nursing practice in Canada* (1st Canadian ed.). Pearson Education. *(from semester 1)*
- Smith, S.F., Duell, D.J. & Martin, B.C. (2008). *Clinical nursing skills* (7th ed.). Pearson Education. (*from semester 1*)

Lab Equipment/Kit (as directed by lab/clinical teacher throughout the semester)

V. EVALUATION PROCESS/GRADING SYSTEM:

- 1. Refer to your Student Success Guide regarding practicum (lab/clinical) attendance. Students must follow policies related to absenteeism.
- 2. The student must receive a satisfactory grade in all components of the course to pass. A variety of assignments and clinical tools will be submitted for evaluation.
- 3. In order to be successful, the student will be required to satisfactorily complete the following coursework:
 - a. Quiz 1 (10%)
 - b. Quiz 2 (10%)
 - c. Mid-term Test (35%)
 - d. Final Test (45%)
 - e. Practicum Supervised Practice in HSRC (Lab) (S/U)
 - f. Practicum (Clinical) Performance (S/U)
 - g. Practicum (Clinical) Assignments (S/U)
- 4. There are no supplemental lab tests/supervised practices or critiques offered in this course.
- 5. There is no make-up time offered to students who are absent from practicum (lab/clinical). The student will be responsible for the content and must demonstrate competency in the skills. Attendance is mandatory at all practicum experiences.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	Grade Point <u>Equivalent</u>
A+	90 – 100%	
A	80 – 89%	4.00
В	70 - 79%	3.00
С	60 - 69%	2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical	
X	placement or non-graded subject area. A temporary grade limited to situations with extenuating circumstances giving a student	
	additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course	
	without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

A minimum of a "C" grade is required to be successful in all PNG coded courses.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Transportation

It is the responsibility of each student to provide their own transportation to/from practicum agencies; other students are not obligated to provide transportation.

Disability Services:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Disability Services office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in the *Student Code of Conduct*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

Tuition Default

Students who have defaulted on the payment of tuition (tuition has not been paid in full, payments were not deferred or payment plan not honoured) as of the first week of March will be removed from placement and clinical activities. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as a result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.